



Breaking Barriers

Dear Participant,

Thank you for your interest in this course. Whilst on the course I hope that you can take some time for yourself and rest, tune in, allow space and time for your creativity to flourish, and return home (or back to work) refreshed, nourished and inspired.

Whilst working together we will create a sacred space to sink in the creativity and expression and reclaim and rejuvenate our essences before discovering and taking steps on our creative personal journey.

Witnessed and celebrated by one another, and inspired by our collective passion for change, together we will transform and sharpen our personal experiences into new skills, healing and growth.

The workshop will provide you with basic theory and practical techniques to use in a variety of groupwork situations. Sessions will be participative and will include the development of personal facilitation skills, good working practice and workshop organisation.

Course Structure

The course allows you a chance to reflect on your own current practice, allowing you to be focused and away from day to day responsibilities; using a range of creative action methods it will be responsive to the particular interests of the participants.

Elements of the course are:

- Augusto Boal techniques
- Improvisation
- Devising
- Performance
- Facilitation
- Exploring issues
- Arts within Criminal Justice Settings

You will learn:

- How to conduct active exercises which can help to build group cohesion and raise discussion around key issues of being at risk.
- How to facilitate the creation of image work and role-plays which can be used to examine thoughts, feelings and behaviour.
- How to use exercises and scene work to facilitate skills training related to themes such as: oppression, victim awareness, conflict resolution and problem solving.



- Building rapport including basic questioning techniques, encouraging participation and working with resistance.
- How scenes, performances and shows can be planned devised and performed with a range of different community groups
- How using arts within the community we can consider issues such as group dynamics, safety, constructing games and exercises and group management.

The Venue

The course will take place in a venue in South London. Exact details and how to travel there will be sent on booking.

Tony Cealy

As an actor director and trainer, I have worked for over 17 years with disadvantaged and disaffected groups using drama & theatre methods for workshops projects and learning programmes in project delivery, development and management, particularly in the areas of criminal justice, community arts, mental health, local authority, education and social services.

I develop projects and programmes that explore the impact of behaviour on adults & young people and people at risk, their families and others. This is achieved by, looking at the causes and consequences of the actions that have led them to act/offend.

The projects and programmes themselves vary from more recreational, usually drama-based activities leading to theatre or digital multi media productions, to projects and programmes that analyse and challenge behaviour and help them resist the forces of exclusion and institutionalisation as well build and develop key social/life skills.

Within these projects and programmes personal histories of a person can become the content of the session(s). Drama methodologies are used to explore the behaviour in question: what factors led to the offending behaviour/criminal action, could different decisions have been taken? Who suffers? What are the underlying drives?

I believe in the notion that individuals have the capacity to respond in different ways to pressures from friends, families or environment. Crime is not always an inevitable consequence of personal difficulties, nor can it be validated as a career option. Other strategies are always available. To access and understand these however, requires the participant to use imagination to deconstruct and critique what is familiar, and to envision alternative behaviours. The creative and performing arts have a particular



appropriateness in offering a language within which these arguments and speculations can take place.

I am the founder member, and former director, of Noh Budget Films and since 1995 have worked developing drama-based responses to crime, anger management within probation/youth offending teams, social services departments, and special educational settings across the UK. I am currently working throughout the UK delivering drama-based gang intervention and conflict resolution learning programmes.

What to Bring

Comfortable clothes and footwear to move around in and a notebook and pen.

Start & end times

The **23rd - 25th September 2011** course will take place over three days. The program begins on the morning of 23rd September at 10.00am and ends at 18.00pm. The remaining times are: Saturday & Sunday 10.30am - 18.00pm.

Cost

The costs are **£80.00** or **£65.00** if booking is paid in full 3 months before the start date. This includes course-training materials and a full Training Manual.

Deposits are welcome but if the remaining balance is not received by the **9th September 2011** your place will be offered to another applicant. If you cancel less than 3 full weeks before the course we will be unable to refund your fee.

Cheques should be made payable to Tony Cealy. Please include with your application, name, organisation (if appropriate), reasons why you want to do this and what you hope to gain, postal address, email address and phone number. If you have further questions, you can email Tony at info@nohbudgetfilms.freemove.co.uk

To reserve a place, you should send a (non-refundable) deposit of £50 (per person) to Noh Budget Films c/o the Studio 28 - 30 St Oswald's Place London SE11 5JE **To secure your place full payment needs to be received by 9th September 2011.**



Breaking Barriers Booking Form

Name.....

Address.....
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Contact Number(s).....

E-mail address.....

Special requirements.....

Enclose is my cheque/Postal Order: £.....

I agree to pay the balance of £..... by **9th September 2011**.
(if paying deposit)

Signed.....Dated.....2011

Tony Cealy
Noh Budget Films
c/o the Studio
28 – 30 St Oswald's Place
London SE11 5JE